



**SCHOOL OF WISDOM**

**THE THEOSOPHICAL SOCIETY**

**December 3-14, 2018**

**DAY 5 – KARMA YOGA**

**LIVING THEOSOPHY IN THE 21<sup>ST</sup>  
CENTURY**

# **KARMA YOGA**

**THE YOGA OF SELFLESS ACTION – Bhagavad Gita**

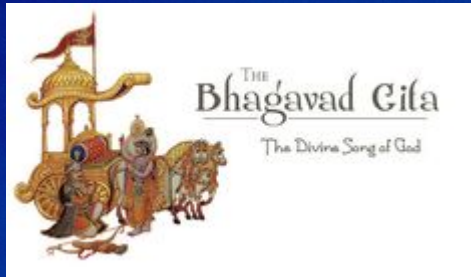
**THE COMMUNION WITH THE DIVINE THROUGH WORKS –  
Ramakrishna**

**TO ACCOMPLISH WORKS IN UNION AND PROFOUND  
COMMUNION WITH THE DIVINE IN US, WITH THE UNIVERSAL  
AROUND US AND THE TRANSCENDANT ABOVE US – Sri  
Aurobindo**

**THE IDEAL MAN IS THE ONE WHO, IN THE MIDDLE OF THE  
MOST PROFOUND SILENCE AND THE MOST INTENSE  
SOLITUDE, FIND THE MOST INTENSE ACTIVITY, ET WHO, IN  
THE MIDDLE OF THE MOST INTENSE ACTIVITY KNOW HOW  
TO FIND SILENCE AND THE SOLITUDE OF THE DESERT. -  
Vivekananda**



# KARMA YOGA DEVOTION

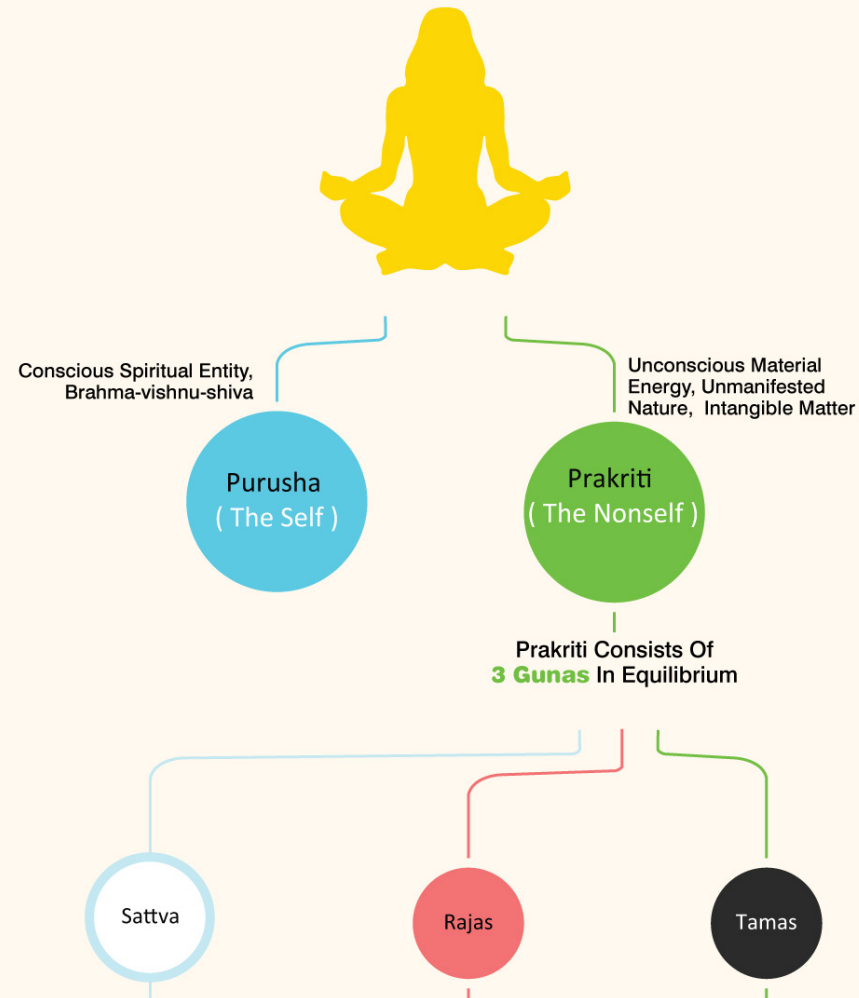


**« NONE INDEED, EVEN FOR A  
MOMENT, REMAINS WITHOUT  
DOING WORK. ALL, BEING  
DEPENDENT, ARE MADE TO WORK  
BY THE CONSTITUENTS OF  
PRAKRITI. »**

*BHAGAVAD GITA III.5*

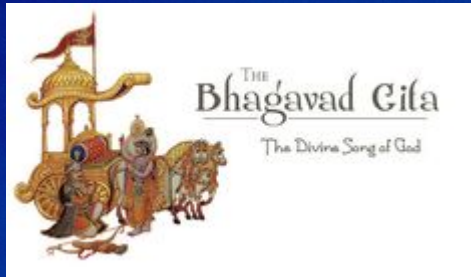
# THE GUNAS

## THE 24 COSMIC PRINCIPLES OF SAMKHYA PHILOSOPHY





# THE GUNAS - RAJAS



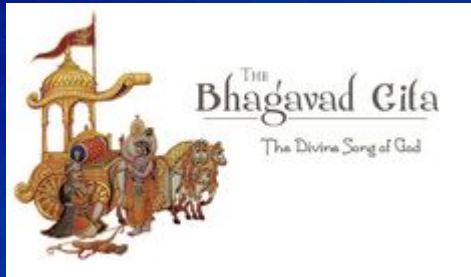
« KNOW THAT **RAJAS** IS  
ESSENTIALLY ATTACHMENT ;  
IT IS THE SOURCE OF CRAVING AND  
PASSION. »

BHAGAVAD GITA XIV.7

« **GREED, ACTIVITY, COMMENCEMENT  
OF WORKS, DISQUIET, DESIRE -  
THESE APPEAR WHEN **RAJAS**  
PREDOMINATES,... »**

BHAGAVAD GITA XIV.12

# THE GUNAS - TAMAS



**KNOW TAMAS TO SPRING FROM  
nescience ; IT DELUDES ALL  
EMBODIED BEINGS... IT BINDS  
WITH ERROR, INDOLENCE, AND  
SLEEPINESS »**

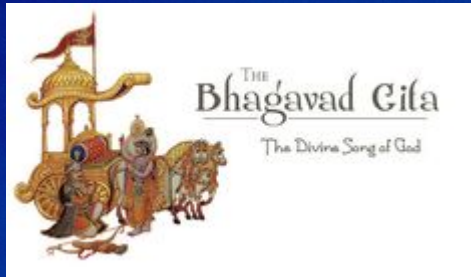
*BHAGAVAD GITA XIV.8*

**« GLOOM, INACTION, ERROR AND  
DELUSION, TOO, COME INTO BEING  
WHEN TAMAS INCREASES. »**

*BHAGAVAD GITA XIV.13*



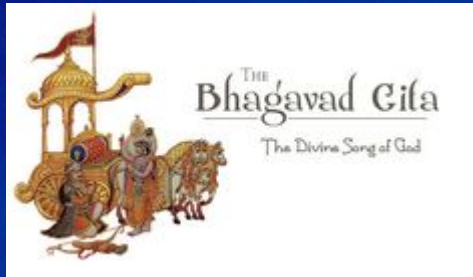
# THE GUNAS - SATTVA



« AMONG THE GUNAS, **SATTVA** BEING STAINLESS, ILLUMINES AND HEALS. IT BINDS WITH THE CLINGING TO HAPPINESS AND TO KNOWLEDGE »

BHAGAVAD GITA XIV.6

# THE GUNAS & PERSONALITY



« **DARKNESS, HEEDLESSNESS, INERTNESS, AND ERROR – THEY ARISE WHEN TAMAS IS PREDOMINANT. »**

BHAGAVAD GITA XIV.13

« **GREED, ACTIVITY, THE UNDERTAKING OF WORKS, UNREST, DESIRE – THEY ARISE WHEN RAJAS IS PREDOMINANT, »**

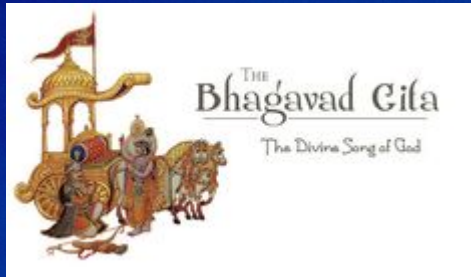
BHAGAVAD GITA XIV.13

« **WHEN AT EVERY GATE IN THIS BODY THERE SHOOTS UP WISDOM-LIGHT, THEN IT MAY BE KNOWN THAT SATTVA IS PREDOMINANT. »**

BHAGAVAD GITA XIV.13



# THE GUNAS & PERSONALITY



« **SATTVA, RAJAS, TAMAS** – THESE GUNAS, BORN OF PRAKRITI, BIND FAST IN THE BODY THE EMBODIED, THE INDESTRUCTIBLE. »

BHAGAVAD GITA XIV.5

« ACTIONS ARE WROUGHT IN ALL CASES BY THE ENERGIES OF NATURE. HE WHOSE MIND IS DELUDED BY EGOISM THINKS ‘ I AM THE DOER’. »

BHAGAVAD GITA III.27

# ACTION & FRUIT OF ACTION



**« THY CONCERN IS WITH ACTION ALONE, NEVER WITH RESULTS. LET NOT THE FRUIT OF ACTION BE THY MOTIVE, NOR LET THY ATTACHMENT BE FOR INACTION. »**

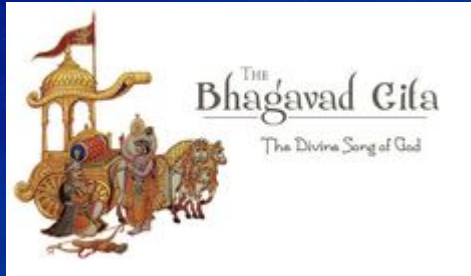
*BHAGAVAD GITA II.47*

**« THEREFORE, WITHOUT ATTACHMENT, CONSTANTLY PERFORM THE ACTION WHICH SHOULD BE DONE ; FOR, PERFORMING ACTION WITHOUT ATTACHMENT, MAN REACHES THE SUPREME. »**

*BHAGAVAD GITA III.19*



# ACTION VS INACTION



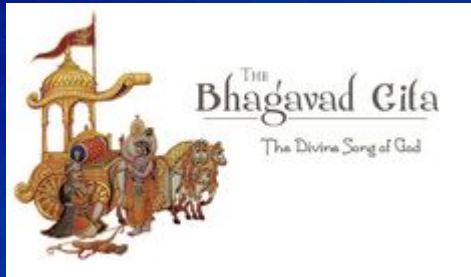
**« NOT BY ABSTAINING FROM ACTION DOES MAN WIN ACTIONLESS, NOR MERE RENUNCIATION DOES HE ATTAIN PERFECTION. »**

*BHAGAVAD GITA III.4*

**« DO THOU PERFORM (THY) BOUNDEN DUTY ; FOR ACTION IS SUPERIOR TO INACTION. AND EVEN THE MAINTENANCE OF THE BODY WOULD NOT BE POSSIBLE FOR THEE BY INACTION »**

*BHAGAVAD GITA III.8*

# EQUANIMITY

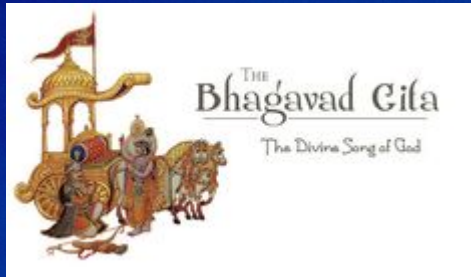


**« STEADFAST IN DEVOTION DO THY WORKS, CASTING OFF ATTACHMENT, BEING THE SAME IN SUCCESS AND FAILURE. EVENNESS IS CALLED YOGA »**

*BHAGAVAD GITA II.48*



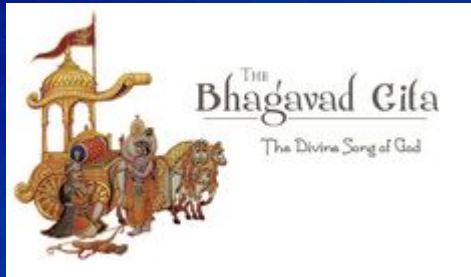
# CALMING EMOTIONS AND MENTAL



« THAT MAN ATTAINS PEACE, WHO,  
ABANDONING ALL **DESIRES**, MOVES  
ABOUT WITHOUT **ATTACHMENT**,  
WITHOUT **SELFISHNESS**, WITHOUT  
**VANITY**. »

BHAGAVAD GITA II.71

# KARMA YOGA



**« HE WHOSE ENGAGEMENTS ARE ALL  
DEVOID OF DESIRES AND PURPOSES,  
AND WHOSE ACTIONS HAVE BEEN BURNT  
BY THE FIRE OF WISDOM, HIM THE WISE  
CALL A SAGE»**

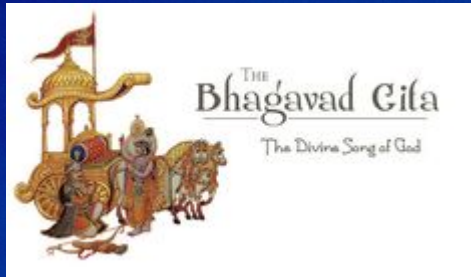
*BHAGAVAD GITA IV.19*

**« HAVING ABANDONED ATTACHMENT FOR  
THE FRUITS OF ACTION, EVER CONTENT,  
DEPENDENT ON NONE, THOUGH  
ENGAGED IN ACTIONS, NOTHING AT ALL  
DOES HE DO.»**

*BHAGAVAD GITA IV.20*



# KARMA YOGA



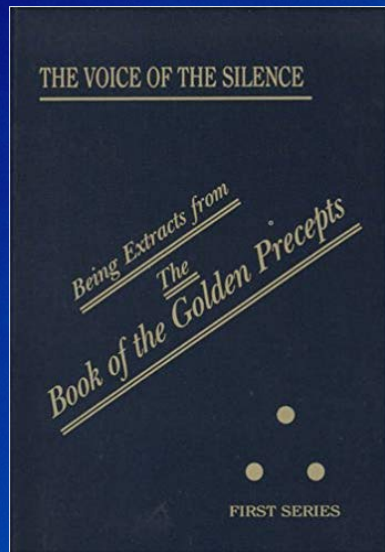
**« OF THE MAN WHOSE ATTACHMENT IS GONE, WHO IS LIBERATED, WHOSE MIND IS ESTABLISHED IN KNOWLEDGE, WHO ACTS FOR THE SAKE OF SACRIFICE, HIS WHOLE ACTION MELTS AWAY.»**

*BHAGAVAD GITA IV.23*

**« RENOUNCING ALL ACTIONS BY THOUGHT AND SELF-CONTROLLED, THE EMBODIED ONE RESTS HAPPILY IN THE NINE-GATED CITY, NEITHER AT ALL ACTING NOR CAUSING TO ACT.»**

*BHAGAVAD GITA V.13*

# THE VOICE OF THE SILENCE



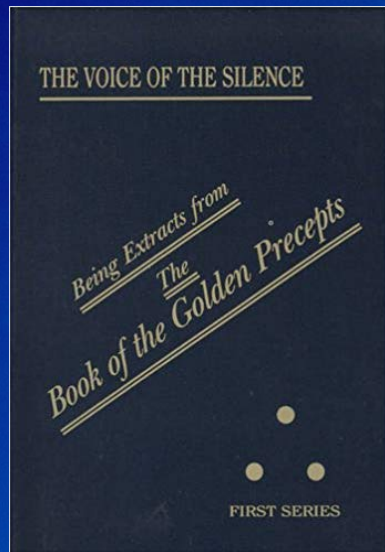
**« THE MIND IS THE GREAT SLAYER OF THE REAL.**

**LET THE DISCIPLE SLAY THE SLAYER.»**

**« IF THY SOUL SMILES WHILE BATHING IN THE SUNLIGHT OF THY LIFE, IF THY SOUL SINGS WITHIN HER CHRYSALIS OF FLESH AND MATTER, IF THY SOUL WEEPS INSIDE HER CASTLE OF ILLUSION, IF THY SOUL STRUGGLES TO BREAK THE SILVER THREAD THAT BINDS HER TO THE MASTER, KNOW, O DISCIPLE, THY SOUL IS OF THE EARTH.»**



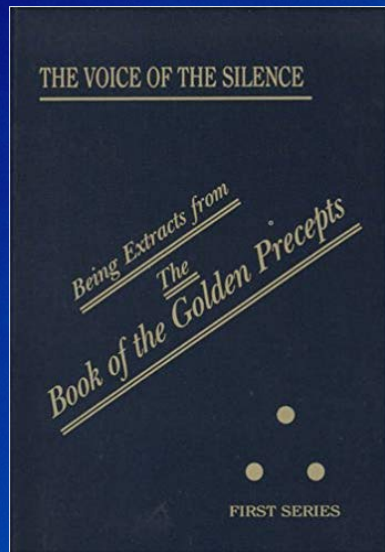
# THE VOICE OF THE SILENCE



« WHEN...THY SOUL WITHDRAWS LIKE THE SHY TURTLE WITHIN **THE CARAPACE OF SELFHOOD**, LEARN, O DISCIPLE, OF HER SILENT « GOD » THY SOUL IS AN UNWORTHY SHRINE.»

« BEFORE THE SOUL CAN SEE, THE HARMONY WITHIN MUST BE ATTAINED, AND **FLESHY EYES BE RENDERED BLIND TO ALL ILLUSION.**»

# THE VOICE OF THE SILENCE



**« BEFORE THAT PATH IS ENTERED, THOU MUST DESTROY THY LUNAR BODY, CLEANSE THY MIND-BODY AND MAKE CLEAN THY HEART. »**

**« ERE THY SOUL'S MIND CAN UNDERSTAND, THE BUD OF PERSONALITY MUST BE CRUSHED OUT, THE WORM OF SENSE DESTROY PAST RESURRECTION. »**

**« DESIRE NOTHING. CHAFE NOT AT KARMA, NOR AT NATURE'S CHANGELESS LAWS. BUT STRUGGLE ONLY WITH THE PERSONAL, THE TRANSITORY, THE EVANESCENT AND THE PERISHABLE. »**



